

# NEW CORONAVIRUS COVID-19

## CARE TAKERS OF PERSONS WITH DISABILITIES

**During and after** taking care of a person with disability, keep in mind :



- ✓ Use a mask when performing care activities
- ✓ Wash your hands:  
Before and after having contact with the person you are caring for.  
Before and after changing positions.  
Before and after helping for feeding.
- ✓ Maintain constant hydration



- ✓ Clean regularly the surfaces and instruments used.
- ✓ Avoid touching your face.
- ✓ Support them with hand cleaning at least every 3 hours.



- ✓ Do not replace the daily bath by washing with a towel.
- ✓ Make a change of clothes daily.

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## PERSONS WITH DISABILITIES OVER 70 YEARS WITH HIGH FUNCTIONAL DEPENDENCE

✓ Remember that they must be in [preventive isolation](#) from ....to .....

✓ Explain the current situation, [the prevention measures](#) such as hand washing every 3 hours, social distancing, and confinement in a simple and clear way.



✓ In case of difficulties with hand washing, use antibacterial solution

✓ In case of having any pharmacological treatment, continue it.

✓ Explain that [avoiding physical contact](#) is a measure to protect their health and the one of their family, and not a rejection.

✓ [Strengthen the communication](#) with the family through social networks

✓ Generate a [daily routine](#) that includes leisure activities.



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## PERSONS WITH PSYCHOSOCIAL DISABILITY

- ✓ Inform the person on the confinement situation in a smooth and quiet method



- ✓ Confinement measure can generate fear and anxiety, so you have to remain calm and provide support and solidarity



- ✓ In case of any medical treatment continue to take your medication.



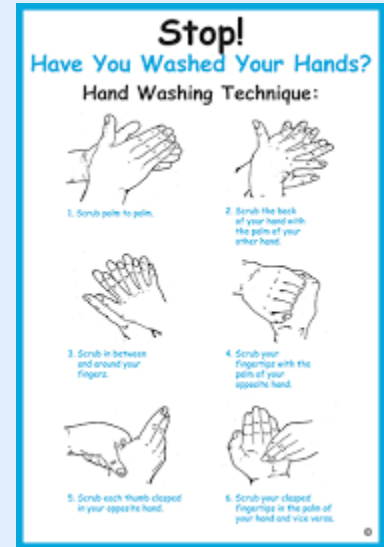
- ✓ Encourage regular communication with friends and family members.

- ✓ During confinement keep your daily routine as much as you can minimizing as much as possible abrupt changes

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## PERSONS WITH AN INTELLECTUAL DISABILITY

- ✓ [Explain the current situation](#) and the prevention measures such as hand washing, social distancing and confinement in a clear and simple way.
- ✓ Provide [clear information](#) on what is happening according to the age [with the help](#) of pictures or videos to [facilitate understanding](#).
- ✓ Explain that [avoiding physical contact](#) is a measure to protect his health and the health of his family and not a form of rejection.
- ✓ Give time to the person to [assimilate](#) the changes.



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## PERSONS WITH A VISUAL DISABILITY

### Self-care actions :



- ✓ Clean your cane before and after going out from your house.



- ✓ Clean regularly your assistive devices, your glasses, ocular prosthesis and surfaces where you keep them.

- ✓ Clean your hands after you received help from someone.



- ✓ Hold the person that is guiding you on the shoulder and not by the elbow as it used for sneezing and coughing.

### If you are using a guide dog:



- ✓ Clean regularly the harness and leash.
- ✓ Always clean your hands before and after cleaning or touching the dog.
- ✓ The dog shall not be touched by other persons.
- ✓ The entry of the dog in public spaces must be allowed.
- ✓ Clean the dog's paw, after coming back from outside .

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## PERSONS WITH A HEARING DISABILITY

Deaf people:



- ✓ To interact with a deaf person, avoid wearing face masks, the person will not be able to see the gestures.

- ✓ To get the attention of a deaf person, do not touch them, put yourself in front and get their attention.



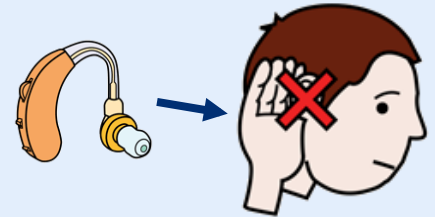
- ✓ Frequently clean the technological devices in use.

- ✓ When signing, try not to touch your face.

People with **low hearing**:

- ✓ Before and after handling your hearing aids or cochlear implant, wash your hands thoroughly.

- ✓ If he is a hearing aid user use a medium-high tone of voice.



- ✓ Avoid approaching the person with this disability to speak.

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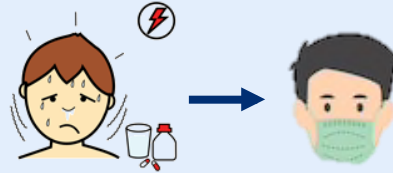
## DEAFBLIND PEOPLE

### Deafblind people:

- ✓ Keep your [technological gadgets and assistive devices clean](#) before and after using them.
- ✓ Hold the person [who guides you by the shoulder](#), avoid the elbow.
- ✓ If the signs are on the hand or forearm they should be [cleaned](#) or washed frequently.
- ✓ Before and after handling your hearing aids or cochlear implant, [wash your hands thoroughly](#).
- ✓ If the communication mechanism is through signs on the back, [wash the clothing daily](#).

### Guide interpreter people:

- ✓ Perform [handwashing](#) before and after contact with the deafblind person.



- ✓ If you have signs of the flu, wear a face [mask](#) permanently.
- ✓ If you guide the person in the mobility, [offer him his shoulder](#), this way he will avoid that the elbow is used, because this is used to sneeze.

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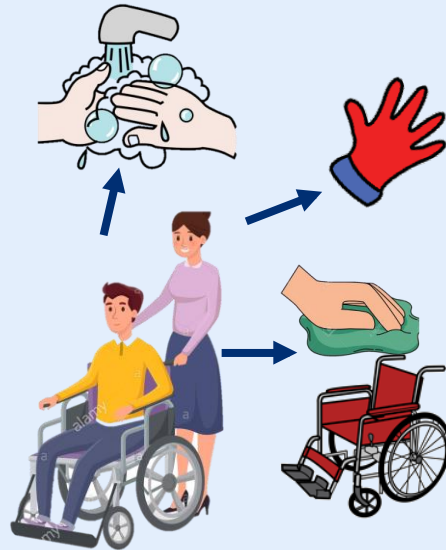
## PERSONS WITH PHYSICAL DISABILITY

✓ If you are a wheelchair, cane or walker user, wear disposable gloves, or wear gloves that can be washed frequently.

✓ Clean and wash your hands more frequently, especially after any movement that requires touching any surface that may be contaminated.

✓ Frequently clean cell phones, tablets or other communication elements.

✓ Prevent other persons to touch the cane or the wheelchair tires.



✓ Clean thoroughly every day any mechanism you use to move around, when leaving and when you get home.

✓ The support person pushing the wheelchair must wash their hands before and after taking the push handles.